

Summary

- **Your first priority is your own safety**
- **Do not enter flood water**
- **Avoid being cut off by rising flood water**
- **Wash your hands after contact with flood water, especially before eating or drinking**
- **Never work alone. Always work in pairs or small groups**
- **Wear high visibility clothing which is warm and appropriate for the conditions**
- **Inform someone, such as your group co-ordinator of your activities and where you are**
- **Avoid standing on or near anything that may be vulnerable to damage and collapse due to flood waters, for example; bridges and river banks when water levels are high**
- **Do not attempt to unblock drains or culverts**
- **Listen to and follow the advice given by the Emergency Services**
- **If you believe weather conditions pose a threat to your safety and wellbeing do not proceed with your activities as a community volunteer and exit the area**

This guidance has been produced with kind permission from Environment Agency and Cornwall Community Flood Forum

RISK CHECKLIST: Please consider the questions below before beginning any flood activities. This checklist has been supplied to help **YOU** stay safe. **Your FIRST priority is your own safety.**

Date:	1. What am I doing?
Name:	2. What could harm me?
	3. What could harm someone else?
	4. What can I change to make it safe?
	5. Should I stop what I'm doing?

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